

Boswellia Frereana Resin

Boswellia Frereana Resin is our directly sourced NOP certified oleo gum resin harvested in the mountains of Eastern Africa. An antioxidant, memory stimulant, and digestive aid, this resin is pale to deep yellow in color. As an antioxidant, grind into a powder for use in baking. Place a few pieces in coffee to stimulate the memory. For digestion, place a few tears into chamomile tea. Chewing like a gum encourages oral health. Sought after for millennia for use as incense. Commonly used as a flavoring due to being a natural preservative.



- 100% organic, wild-harvested gum resin
- Healing properties: Antioxidant, memory stimulant, digestive aid, encourages oral health
- Other uses: incense, natural preservative

A timeless incense and natural remedy, Boswellness Frereana Resin is directly sourced from the tree to you with no additives or alterations.



One of the source trees for *Boswellia frereana* resin